



# POLISH AMERICAN News



May 2024

## Poland's Constitution of 1791 Second Oldest Democratic Constitution in the World

In the late 18th century liberal movements swept through America, England and France, permanently changing their governments. This movement also had a profound effect in Poland in 1791. On the third of May that year the Polish legislature adopted a constitution very similar to the United States Constitution, making Poland the second country in the world to adopt such a document. This development disturbed the strong monarchies surrounding Poland who were fearful that the liberal movement would also sweep through their countries. They soon invaded and partitioned Poland, crushing the movement and dividing the country.

But the spirit of the Polish people could never be suppressed. For over 233 years, although faced with many trying events in their nation's history, Poles and people of Polish descent have commemorated the May 3, 1791 Polish Constitution Day as a day of unity, love of freedom and belief in democratic ideals. Throughout the past 233 years, it was that endless Polish quest for freedom, peace and justice and the ideals of the May 3rd Constitution that united the Polish nation and the world's Polonia - a unity that still unites Polonia with an indomitable Polish spirit.

For additional information visit the Museum's Internet site at [PolishAmericanCenter.com](http://PolishAmericanCenter.com).



The handwritten original of the Government's Law names the Constitution of May Third of the Year 1791, stitched into the great book containing the records of the Four-Year Sejm (1788-1792) kept at the Main Archives of Ancient Records in Warsaw.

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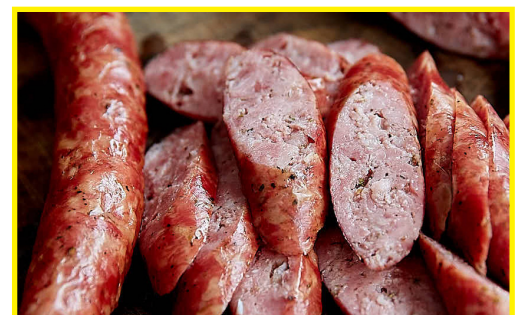
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Greetings to Polonia

from the



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# POLISH AMERICAN News

308 Walnut Street  
Philadelphia, PA 19106

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[PolishAmericanCenter.com](http://PolishAmericanCenter.com)

May 2024

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## On May 3, 2024, Polonia Marks the 233rd Anniversary of the Second Oldest Democratic Constitution in the World (1791-2024)

You can view the Exhibit at the Polish American Cultural Center Museum Exhibit Hall, 308 Walnut Street in Historic Philadelphia.

### Comparison of the World's First Democratic Constitutions

The Constitution of the United States of America was the world's first democratic constitution. Poland's Constitution of May 3, 1791, became the world's second and Europe's first constitution. Although Poland's parliamentary system of representative government began in the early 1400's, it was not until 1791 that political leaders achieved democratic reform of the government, nearly two years after the ratification of the American constitution. Both constitutions were drafted in secret and later publicly ratified.

Following the American model, the Polish constitution established a system of checks and balances with three independent branches of government - executive, legislative and judicial. Both constitutions stressed the principles of equality, tolerance, liberty, secret ballot and rule by majority.

Both constitutions established an executive branch, a king in Poland and a president in America, each with specific privileges and limitations, monitored by a two-house legislative branch: the Polish general assembly, or Sejm, with an upper Chamber of Senators and a lower Chamber of Deputies, and the U.S. Congress with a Senate and House of Representatives. The American vice president presided over the Senate and the Polish king presided over the Chamber of Senators, each casting the tie-breaking vote when necessary. The king and president served as commanders-in-chief of the armed forces and chief guardians of the law and appointed persons to high offices in government, such as chief advisors or ministers, ambassadors and supreme court justices. Unlike the U.S. Congress, however, the Polish Sejm had the power, by two-thirds majority of the combined houses, to force the King to remove an undesirable appointed official.



United States Constitution - First Democratic Constitution in the World  
Drafted on September 17, 1787 - Ratified in 1789



Poland's Constitution - Second Oldest Democratic Constitution in the World  
Drafted in 1788 - Enacted on May 3, 1791

Both constitutions made provisions for change, amendments in the U.S. and a review of the constitution every twenty five years in Poland.

Also each nation's chief executive was selected by indirect election. U.S presidents were chosen by electors selected by state legislatures (the Electoral College), and the Polish king came from a prominent family selected by the Sejm. Only the House of Representatives and the Chamber of Deputies were elected directly by popular vote. Also, initially, American states selected federal senators and the Polish king appointed senators.

Both constitutions, landmarks in world history, were ultimately inspired by the principles of limited government, or shared authority, of John Locke and power to the people of Henri Rousseau.

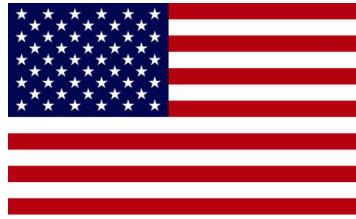
"We the People of the United States, in order to form a more perfect Union...do ordain and establish this Constitution..." (U.S. Constitution, 1789)

"All authority in human society takes its beginning in the will of the people." (Polish Constitution of May 3, 1791)

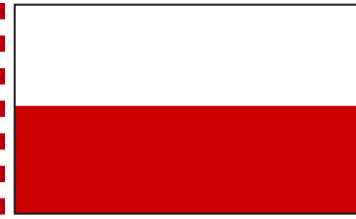
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Ukraine

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Camden County, New Jersey, Community Contact  
**Pat Kwoka – 856-310-1783**  
**Email: [pkwoka@comcast.net](mailto:pkwoka@comcast.net)**

# A Look Back at Past May 3rd, 1791 Polish Constitution Day Celebrations



Featuring performances by Adam Mickiewicz Polish Language School, Our Lady of Czestochowa Polish Language School, St. Adalbert Polish Language School, Janosik Polish Folk Dancers and the P.K.M. Polish Folk Dance Ensemble.



Featuring performances by Adam Mickiewicz Polish Language School, Our Lady of Czestochowa Polish Language School, Sloneczniki Children's Folk Dance Group, St. Adalbert Polish Language School, Janosik Polish Folk Dancers & the P.K.M. Polish Folk Dance Ensemble.

## THIRD OF MAY MAZURKA

Poland's Independence Day  
Mazurek Trzeciego Maja

English version by Edmund Zawacki

Folk Melody

Arr. by J. M. Rożan

Vivo

1. Wel-come May! thy morn-ing bright-ly Lights our Po-lands' hol-i-day time.  
1. *Wi - taj Ma - jo - wa ju - trzen - ko, Świec na - szej pol - skiej kra - i - nie,*

Let us sing songs gay and spright-ly, Drink a toast to Po-lands' May-time.  
*Ucz - ci - my cie - bie pio - sen - ką Przy za - baw - ie i przy wi - nie!*

Wel-come May, gold-en May, For all Poles a glo-rious day! — glo-rious day!  
*Wi - taj Maj, pię - kny Maj, U Po - la - ków bto - gi raj! — bto - gi raj!*

2. O bright sunrise, Poland's May Third,  
Speed thy exiled sons' returning.  
By God's grace our arms are favored;  
We shall come home, tyrants spurning.  
|: Welcome May, golden May,  
For all Poles a glorious day! :|

2. *O Maja trzeciego zorzo,  
Pod twoimi promieniami,  
Przez armaty z łaską Bożą,  
Idziem w Polskę z bugnetami .*  
|: *Witaj Maj, Witaj Maj,  
Witaj wolny Polski kraj! :|*

# NATIONAL ANTHEM

## Jeszcze Polska Nie Zginęła

A song of General Dąbrowski's legions, as they marched from Italy to Poland in 1797. It is now the national anthem.

*Pieśń Legionów polskich Dąbrowskiego; powstała we Włoszech w r. 1797. Autor słów Józef Wybicki. Muzykę przypuszczano Michałowi Ogińskiemu (1765-1833) autorowi słynnych polonezów. Pieśń ta jest uznana jako polski hymn państwowy. Murz ten przybrał dzisiejszą formę mazurka.*

JÓZEF WYBICKI

English version by Victoria Janda

PRINCE MICHAŁ OGIŃSKI

Arr. by Feliks Szopski

1. Oh, our Po-land shall not per - ish While we live to love her;  
 1. Jesz-cze Pol-ska nie zgi-nę - ła kie - dy my ży - je - my,

What the cru - el foe has rav - ished We'll re-gain through pow - er.  
 Co nam ob - ca prze-moc wzię - ła mo - cą od - bie - rze - my.

March, march Dą - brow - ski From I - tal - ia's fair lanes,  
 Marsz, marsz Dą - brow - ski Z zie-mi wło - skiej do pol - skiej,

Back to join the na - tion, Back to Po - land's broad plains. broad plains.  
 Zu two-im prze - wo - dem Ztą - czym się zna - ro - dem. - ro - dem.

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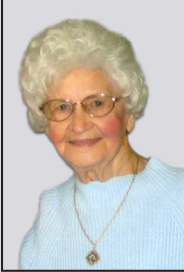
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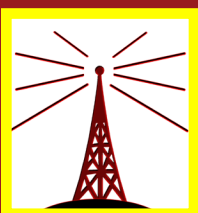
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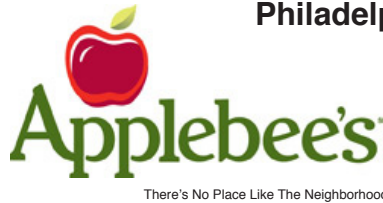
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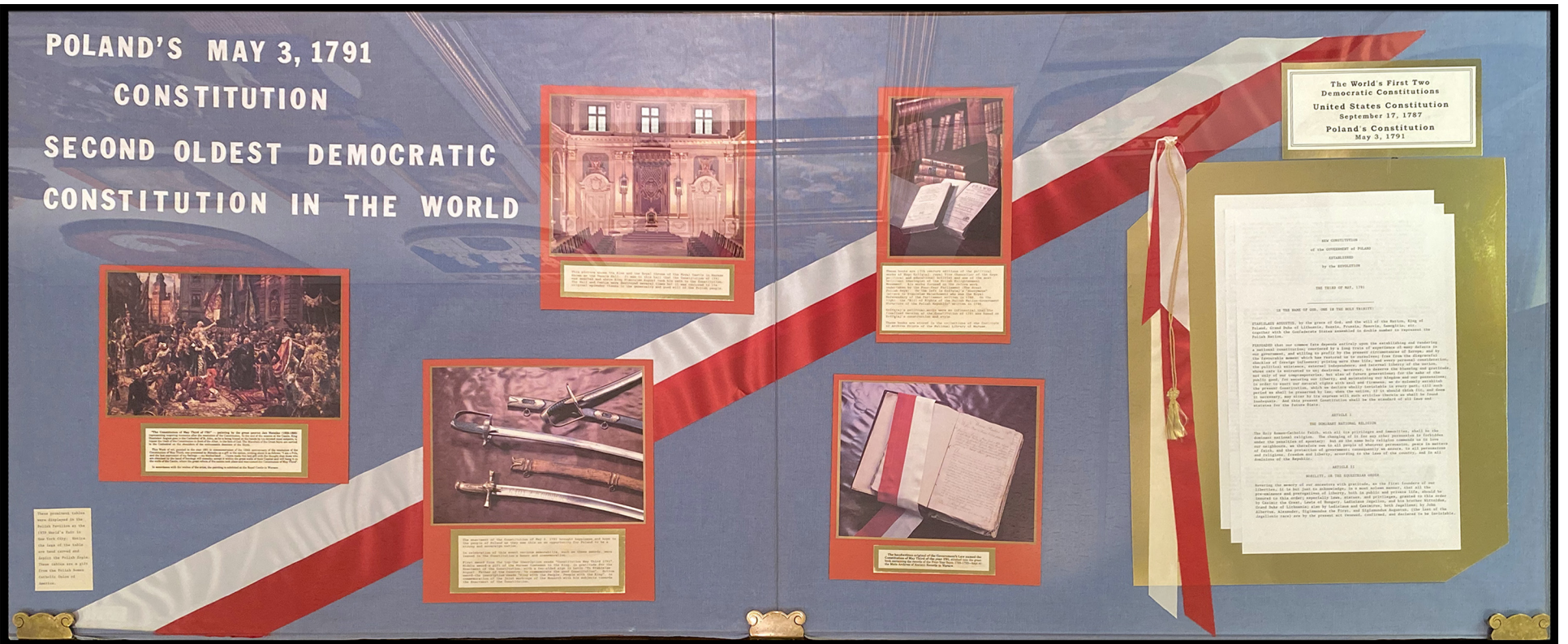
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## Polish American Cultural Center Representatives Attended Sister Cities Youth Exchange Event

Sister Cities Youth Exchange event honoring World Affairs Council of Philadelphia's member high school Science Leadership Academy - Center City and both Copernicus High School #1 (Torun, Poland) and Gymnasium Riedberg (Frankfurt, Germany) was held in Philadelphia's City Hall on Friday, April 19, 2024. Torun, Poland has been a Sister City with the City of Philadelphia since 1976. Copernicus High School #1 and Science Leadership Academy have participated previously in two student exchanges, with this Sister Cities exchange being the third edition. Frankfurt, Germany has been a Sister City with the City of Philadelphia since 2015. Gymnasium Riedberg and Science Leadership Academy have participated previously in three student exchanges, with this Sister Cities exchange being the fourth edition. The exchange includes 20 students from Science Leadership Academy - Center City, 10 students from Frankfurt and 10 students from Torun. The Sister Cities program advisors from Science Leadership Academy include Principal Chris Lehmann, Robert Enzweiler (teacher) and Stephanie Sessa (teacher). The Headmaster of Gymnasium Reidberg is Dr. Helmut Kunberger and the teacher leader is Mr. Fatih Uzuner. The Principal of Copernicus High School #1 is Mrs. Hanna Wrycza-Wilinska and their Sister Cities teacher leader is Daniel Szczygiel.

Polish American Cultural Center Museum representatives in historic Philadelphia attended the event and extended Polish greetings to the Sister Cities Youth.



Sister Cities Youth Exchange Event in Philadelphia's City Hall on April 19, 2024.

*The Associated Polish Home invites you to*

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# 35th Annual International Spring Festival

The 35th Annual International Spring Festival 2024 took place on Saturday, April 20, 2024, at the North Penn High School in Lansdale, PA. There were exhibits, entertainment, food court and kids activities.

Thank you to Maria Koleda, Grazyna Krezel and Danuta Bielawiec who organized the Polish Exhibit stand.

What a great day to celebrate our Polish Heritage!



Representatives of the Polish American Cultural Center Museum in Historic Philadelphia, Maria Koleda (left) and Grazyna Krezel (right) at the Polish Exhibit Stand during the International Spring Festival.

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## Museum's Historic Reflections Project May

The Polish American Cultural Center Museum in Historic Philadelphia presents Historic Reflections from Polish and Polish American history on the Polish American Radio Program. The reflections are organized in a daily format. Some of the dates may be the birthday or death date of a prominent person. Other dates may celebrate a milestone in a prominent person's life such as a career promotion, invention date, or some accomplishment that contributed to science, medicine, sports, or entertainment history. Other dates may be an anniversary of a historical event in Polonia or Poland's history. For your information, we have listed a brief outline of historic reflections for the month of May.



### May 1, 1908 - Krystyna Skarbek (Born)

Krystyna Skarbek became a spy for the British Special Operations Executive during World War II. She was well-known for her operations in Nazi occupied Poland and France. Due to her resourcefulness and success, more women were recruited by espionage organizations.

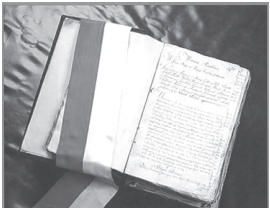
### May 2, 1952 - Christine Baranski (Born)

Christine Baranski is an Emmy and Tony Award winning actress. She was born in Buffalo, NY. She is known for her outstanding performances in the TV series *Cybill* and *Frasier*. She also has had roles in several movies including *The Bird Cage* and *The Grinch that Stole Christmas*.



### May 3, 1791 - Polish Constitution Day

Polish Constitution Day marked the second oldest democratic constitution in the world, enacted in Poland on May 3, 1791. This declaration of democracy remains a focal point for the Polish people who are reminded that Poland was the fatherland of documented democracy in Eastern Europe, second only to the democracy established by the American constitution adapted in 1787.



### May 4, 1870 - Zygmunt Stojowski (Born)

Zygmunt Stojowski was a friend of Peter Tchaikovsky and famous student of Ignacy Jan Paderewski. Stojowski was not only a brilliant concert pianist, he was known for being an outstanding professor, teaching countless students in New York until the end of his life. He became a champion of the newly independent Polish nation in 1918.



### May 5, 1846 - Henryk Sienkiewicz (Born)

Henryk Sienkiewicz is a Nobel Prize winner for literature in 1905. Sienkiewicz was born in Poland in 1846 and is the author of "Quo Vadis?" and three other novels known as "The Trilogy".



### May 6, 1867 - Wladyslaw Reymont (Born)

Wladyslaw Reymont received the Nobel Prize for literature in 1924 for his four-volume novel, "The Peasants", completed between 1904 and 1910. Never before had an author presented the daily life and folkways of the Polish countryside.



### May 7, 2004 - Waldemar Milewicz (Died)

Waldemar Milewicz was a Polish journalist and war correspondent who was killed in a drive-by shooting in Iraq. It is believed that his car was followed by a group of Iraqi insurgents in another car. Milewicz's car was clearly marked with a 'press' sticker. Despite that, when the attackers caught up with it, they opened machine gun fire.



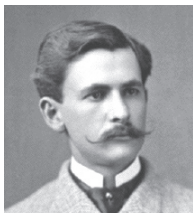
### May 8 - Saint Stanislaus Feast Day

Poland's Patron Saint, Saint Stanislaus, an early Bishop of Krakow, Poland, was slain by King Boleslaw Smialy while celebrating Mass in 1079. His body lies in the cathedral of Wawel Hill in Krakow, Poland. Hundreds of Polish churches across the world are named after St. Stanislaus in honor of Poland's Patron Saint.



### May 9, 1931 - Albert Michelson (Died)

Albert Michelson was born in Strzelno, Poland, and emigrated to the U.S. with his family in 1855. He was a graduate of the U.S. Naval Academy, held several professorships at universities across the U.S. and received a Nobel Prize in physics in 1907. His passion was the accurate measurement of the speed of light. Using his interferometer, he paved the way for the development of the theory of relativity, formulated by Albert Einstein.



## Associated Polish Home

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**From the Desk of Michael Blichasz**

**Dear Supporters of the Pulaski Day Parade in Philadelphia,**

We are working to make the **91st Annual Pulaski Day Parade** scheduled for **Sunday, October 6, 2024**, on the Benjamin Franklin Parkway in Center City Philadelphia, a success this year.

The Pulaski Day Parade is a community-wide event that brings many people and organizations together to celebrate Polish History, Culture and Pride. As always your participation is very important.

During the **91st Annual Pulaski Day Parade**, we will highlight the music and dances that have united Poland and Polish Americans for centuries. We also will mark the **416th Anniversary of the arrival of the first Polish Settlers in America and the 43rd Anniversary of October as Polish American Heritage Month.**

For now, kindly mark **Sunday, October 6th** on your calendar and look for additional information to be announced on the Polish American Radio Program and in the Polish American News.

Thanks to all Pulaski Day Parade divisions and promoters. Please help us maintain this outstanding community tradition which will be televised on **WPVI TV6 ABC.**

Working together we always accomplish great things for Polish American heritage and the proud history and culture we represent.

If you have any questions or suggestions kindly forward them to me at **Michael@PolishAmericanCenter.com** or call me at **215-922-1700**. On behalf of the Pulaski Day Parade committee, I wish you and yours the very best.

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**Historic Reflections Continued • May**

**May 10, 1955 - John Radecki (Died)**

John Radecki (also known as Jan Radecki) (1865 - 1955) was a master stained glass artist working in Australia, considered to be the finest such artist of his time. Radecki was born on August 2, 1865 in Łódź, Poland to Pavel Radecki and his wife, Victoria.



**May 11, 1935 - Jozef Pilsudski**

Jozef Pilsudski was a Polish revolutionary, statesman, Field Marshal, and Polish Chief of State. He is considered largely responsible for Poland having regained her independence in 1918. Many Polish and Polish American organizations, schools and clubs are named in his honor.

**May 12, 1970 - General Wladyslaw Anders (Died)**

General Wladyslaw Anders was a Polish freedom fighter and military leader during World War II. In addition to leading Poland's cavalry units during Poland's invasion in 1939, General Wladyslaw Anders is known for creating Anders Army. Anders was also the leader of several successful battles which freed Monte Cassino, Italy, from Nazi occupation.



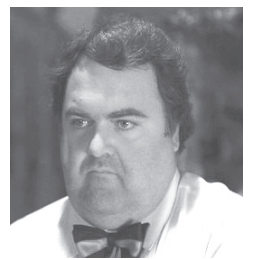
**May 13, 1984 - Stanislaw Marcin Ulam (Died)**

Stanislaw Marcin Ulam was a Polish mathematician who participated in the Manhattan Project and proposed the Teller-Ulam design of thermonuclear weapons. He also invented nuclear pulse propulsion and developed a number of mathematical tools in number theory, set theory, ergodic theory, and algebraic topology.



**May 14, 1948 - Walter Olkewicz (Born)**

Walter Olkewicz is an actor who played Marko in Wizards and Warriors. He also guest starred in many TV shows including Night Court, Seinfeld, ER, and Who's The Boss. He also played Jacques Renault on Twin Peaks.



**May 15, 1951 - Dr. Frank Wilczek (Born)**

Dr. Frank Wilczek received the 2004 Nobel Prize in Physics for the discovery of asymptotic freedom. Dr. Wilczek is a professor of physics at the prestigious MIT University and is considered one of the world's most eminent theoretical physicists.



**May 16, 1902 - Jan Kiepura (Born)**

We remember Jan Kiepura, known as the greatest Polish tenor. Jan Kiepura made his American debut with the Chicago Opera Company in 1931. His performances won him title roles in major operas and he made several recordings during his career.



**May 17, 1941 - Grace Zabriskie (Born)**

Grace Zabriskie is an American actress. She has appeared in many popular American films and television series. Zabriskie may best be remembered in her role as Mrs. Ross, a recurring character on the sitcom, Seinfeld. She played the mother of another doomed daughter, Susan Ross - George Costanza's fiancée.



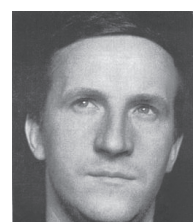
**May 18, 1920 - Karol Wojtyla (Born)**

Karol Wojtyla was elected Pope on October 16, 1978 and died on April 2, 2005. He is known as Pope John Paul The Great. On April 27, 2014, he was canonized a Saint by Pope Francis as Saint John Paul II.



**May 19, 1939 - Tomasz Sikorski (Born)**

Pianist Tomasz Sikorski was born in Warsaw in 1939. During his life he wrote chamber, orchestral, solo and choral music. In 1975, he was awarded a senior Fulbright scholarship from the United States government which allowed him to work at the Columbia-Princeton Electronic Music Center in New York. Tomasz Sikorski's work is frequently performed at contemporary Music Festivals throughout the world.



**May 20, 1881 - General Wladyslaw Sikorski (Born)**

General Wladyslaw Sikorski was a Polish military and political leader. During World War II, General Sikorski became Prime Minister of the Polish Government in Exile and Commander-in-Chief of the Polish Armed Forces.



**Historic Reflections Continued • May**

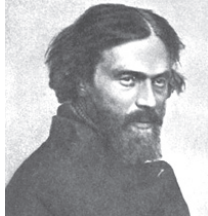


**May 21, 1674 - Jan Sobieski (Coronation)**

Jan Sobieski became King of Poland on May 21, 1674. It was Sobieski who defeated the Turkish Armies during the battle of Vienna in 1683, which in turn saved Europe and Western civilization. He has been honored for centuries as the “Defender of Christendom.”

**May 22, 1993 - Mieczyslaw Horszowski (Died)**

Pianist Mieczyslaw Horszowski was an internationally acclaimed pianist and music teacher whose performances were widely recorded. Mieczyslaw Horszowski was also a teacher at the Curtis Institute and continued to teach and perform until shortly before his death in Philadelphia in 1993 at the age of 100.

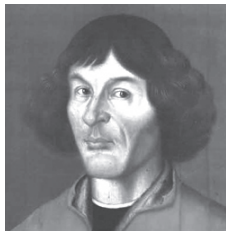


**May 23, 1883 - Cyprian Norwid (Died)**

Cyprian Norwid was a nationally esteemed Polish poet, as well as a prominent sculptor, dramatist and painter. His work was not appreciated during his lifetime. Cyprian Norwid is now considered one of the four most influential poets of Poland.

**May 24, 1543 - Mikolaj Kopernik (Died)**

Polish astronomer Mikolaj Kopernik, known by his Latin name “Nicholas Copernicus”, was born in the city of Torun, Poland. Copernicus is the Father of Modern Astronomy, known as the man who moved the earth and stopped the sun.



**May 25, 992 - Mieszko I (Coronation)**

Mieszko I was a Duke of Poland and the first historical ruler of Poland. Member of the Piast dynasty, he was son of the legendary Siemomysl, grandchild of Lestek and father to Boleslaw Chrobry, the first crowned prince of Poland, and Swietoslawa-Sygyda, a Nordic queen.

**May 26, 1956 - Aloysius Szymanski (Died)**

Aloysius Szymanski, professionally known as Al Simmons, was a player in Major League Baseball for over three decades. Al Simmons was elected to the Baseball Hall of Fame in 1953. He is on the list of the 100 Greatest Baseball Players in Major League Baseball.

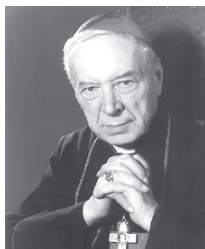


**May 27, 1887 - Kazimierz Fajans (Born)**

Kazimierz Fajans, a Polish American physical chemist, was the co-author of a work entitled, “The Science of Radioactivity” and helped to formulate the law of radioactive moves. Kazimierz Fajans served as a university professor and researcher in Germany, England and the United States.

**May 28, 1981 - Cardinal Stefan Wyszynski (Died)**

Cardinal Stefan Wyszynski was the leader of Poland’s Catholic Church during the dark days of Soviet Communist rule in Poland. Cardinal Wyszynski was the chief church official, the Primate of Poland, from 1948 until his death on May 28th in 1981. He was beatified on September 12, 2021.



**May 29, 1987 - Jack Ham (Hall of Fame Induction)**

Jack Ham was inducted into the National Polish American Sports Hall of Fame on May 29, 1987. He played for the Pittsburgh Steelers in the 1970’s and is considered one of the greatest outside linebackers in the history of the NFL.

**May 30, 2005 - Tomasz Pacynski (Died)**

Tomasz Pacynski was a Polish fantasy and science fiction writer. He was one of the creators, and since 2004, the chief editor of Fahrenheit, the first Polish Internet science fiction fanzine. He published short stories in such magazines as Science Fiction, SFera, and Fantasy, and in Internet fanzines such as Fahrenheit, Esensja, Fantazin and Srebrny Glob. He also wrote articles published in SFera and Science Fiction.



**May 31, 1957 - Leopold Staff (Died)**

Leopold Staff was one of the most recognized Polish poets in the first half of the 20th century. Staff was also an editor, dramatist and prolific translator. He was associated with the Young Poland Movement.



You’re Invited to Visit the  
**Polish American Cultural Center Museum**  
 308 Walnut Street (3rd & Walnut Streets)  
 in Historic Philadelphia, PA  
*Open Admission Free*  
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**11 A.M. to 4 P.M.**  
 (215) 922-1700  
 Internet: [PolishAmericanCenter.com](http://PolishAmericanCenter.com)  
**Everyone is invited • Welcome - Witamy!**

**The Museum Exhibit Hall Features:**

- Polish and Polish American History and Customs
- Great Men and Women of Polish Heritage
- Pictorial Display of Actual World War II Photos
- First Polish Settlers in America on October 1, 1608
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**Greetings to Polonia as we mark the 1,058th Anniversary of Documented Polish History**  
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## Polish American Cultural Center Exhibit Hall Sponsors Business Directory

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National Fraternal Benefit Society  
 Main Office: 984 N. Milwaukee Avenue  
 Chicago, IL 60642 • 1-800-772-8632  
[www.prcua.org](http://www.prcua.org)

### Organizations

**Polish American Congress**

Eastern Pennsylvania District  
 308 Walnut Street  
 Philadelphia, PA 19106 • 215-922-1700

**Polish American Heritage Association  
 of Delaware County**

St. Hedwig's Society, Chester, PA

**Polish National Alliance, Lodge #650**

2201 N. Bent Lane  
 Aston, PA 19014 • 484-995-0597

**Polish American Heritage Association**

Manayunk, Roxborough  
 & Surrounding Areas Group  
 Helen Cyzio - (215) 482-3040

**Second Street Polish Society**

P.O. Box 37107  
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 and call the  
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## POLISH AMERICAN News

Place your business ad in the next edition  
 of the Polish American News. For more  
 information, call 215-922-1700, Monday  
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# Polish American Social Services "PASS"

PolishAmericanSocialServices.com • UnitedSocialServices.com

## Polish American Social Services "PASS" United Social Services Outreach Program

Main Office:

308 Walnut Street • Philadelphia, PA 19106  
Open Monday to Friday • 10 A.M. to 4 P.M.

Telephone: (215) 923-1900  
Outreach Services in and around the Philadelphia area

If you, a family member, or friend have a question concerning social services, call PASS and discuss your needs with a representative. All calls are CONFIDENTIAL, and PASS will either give you the information you need, handle your service directly, or refer you to the proper agency that can assist you.

Clients wishing to visit the main office at 308 Walnut Street, or one of the outreach sites, are asked to call in advance so that a Social Service Representative can tell you what documentation you will need to bring with you to process your request.

You can view an outline of several programs available to senior citizens and individuals of all ages on the PASS Internet site at PolishAmericanSocialServices.com.

For additional information, call PASS, Monday through Friday, between 10 A.M. and 4 P.M. at (215) 923-1900.

## Senior Discount on Water

PASS reminds senior citizens living in the city of Philadelphia that they can apply for the 25% water and sewer discount program.

To qualify, you or your spouse must be:

- 65 years of age or older
- have an annual household income of less than \$38,800, (approximately \$3,233 per month.)

Additional Requirements include:

- Proof of Age
- Proof of Address
- Proof of Household Income

Those who qualify will receive a 25% discount on every monthly water bill. There are many people still eligible who have not applied.

For more information or an application contact PASS at 215-923-1900.

## Pennsylvania Property Tax/Rent Rebate

The Pennsylvania Property Tax/Rent Rebate Program is being administered now. New applications are available. Homeowners and renters can get back as much as \$1,000 on last year's real estate taxes or rent. The income limit is \$45,000 annually for homeowners and renters to qualify. It is important to know that only half of your Social Security or SSI counts toward the income guideline. Age requirements are 65 or older, living with a spouse that is 65 or older, widow or widower between the ages of 50 to 64 or permanently disabled between the ages of 18 and 64. For more information call PASS at (215) 923-1900.



## City of Philadelphia Property Tax FREEZE

If you are a senior citizen living in the City of Philadelphia and interested in applying for the Property Tax Freeze, call United Social Services. To qualify for the City of Philadelphia Property Tax Freeze Program, you or your spouse must be 65 years of age or older, or if you are a widow or widower over 50 years of age and your spouse was over 65 years of age, call our office for the income guidelines and an application.

Call PASS's United Social Services Outreach Program, Monday through Friday, between 10 A.M. and 4 P.M. at area code (215) 923-1900 and a staff worker will assist you with the application.

## Polish American Heritage Association Manayunk, Roxborough & Surrounding Areas Group

In cooperation with Polish American Cultural Center  
308 Walnut Street - Philadelphia, PA - [PolishAmericanCenter.com](http://PolishAmericanCenter.com)

For information about our upcoming meeting, contact:

**Helen Cyzio (215) 482-3040**

## Job Seeker and Job Training Outreach

If you are considering a job training program that can help you attain or retain long-term employment, contact PASS for more information. The outreach program is especially important to individuals who are unemployed due to company closings or relocations. PASS will share information about Pennsylvania area Job Training Programs to help you become more employable in a changing job market. Call PASS's Employment Outreach Representative for more information at (215) 923-1900.

## Do You Have A Resume?

PASS encourages job-seeking clients to prepare an outline of their work experience, or a resume, before they apply for any type of employment. A written resume helps job seekers present their job qualifications to a prospective employer. A PASS staff associate can review your current resume, update it, or develop a new one with you to prepare you for your job interview.

This service is available at the office of Polish American Social Services, 308 Walnut Street in Center City Philadelphia. Call to make an appointment for this free service at (215) 923-1900.

## What If I Am Satisfied With My Current Resume?

If you are already satisfied with your resume, live in the State of Pennsylvania and want to share your availability with potential employers, mail your resume to PASS and your resume will be shared with prospective employers. Mail your resume to:

**Polish American Social Services  
Employment Outreach**  
308 Walnut Street  
Philadelphia, PA 19106  
**Fax to: (215) 922-1518**  
Email to: [Staff@PolishAmericanSocialServices.com](mailto:Staff@PolishAmericanSocialServices.com)

For more information call PASS, Monday through Friday between 10 A.M. and 4 P.M. at: (215) 923-1900.

## Attention Employers!

People seeking employment often contact PASS. The staff will be pleased to alert job seekers of **Job Openings** that have been reported.

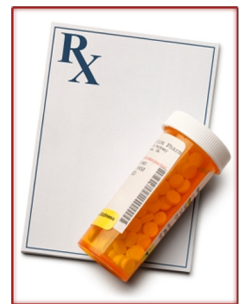
If your place of employment is about to or has posted an employment opportunity, kindly let PASS know. Call Monday through Friday, between 10 A.M. and 4 P.M. (215) 923-1900, or send the job information to:

**Attn: Employment Information  
Polish American Social Services  
308 Walnut Street  
Philadelphia, PA 19106**

Kindly include qualifications needed, starting salary and where to go for an application and interview.

## Medications and Prescription Plans

**PACE PLUS** is the name being used for the PACE/PACENET programs, (the Pharmaceutical Assistance Contract for the Elderly) that help pay for prescription drugs. The new name reflects how this program works with Medicare Part D. It can provide better coverage for those who have both PACE/NET and Medicare D. This program has two qualifying income categories for determining eligibility. Seniors, age 65 or older with incomes as follows: for PACE, a single person \$14,500; a couple \$17,700. For PACENET, a single person between \$14,500 and \$33,500 or a couple between \$17,700 and \$41,500. For more info and to get an application call PASS at (215) 923-1900.



## The Pennsylvania Patient Assistance Program Clearinghouse

This program works with **Pharma** (Pharmaceutical Manufacturers) to get prescription drugs for those unable to pay. For more information, call 1-800-955-0989.



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"PASS" works closely with the Philadelphia Corporation for Aging to provide information and assistance to the elderly. For information regarding services available in Philadelphia and Southeastern Pennsylvania, call PCA's helpline number at (215) 765-9040 or PASS (215) 923-1900.

[www.PCACares.org](http://www.PCACares.org)

# Polish Language Lesson

## *Basic Expressions*

<u>English</u>	<u>Polish</u>	<u>Phonetics</u>
Yes	Tak	taak
No	Nie	n'yeah
Please	Proszę	proh sheh
Thank you	Dziękuję	jen koo' yeah
Thank you very much	Dziękuję bardzo	jen koo' yeah bard' zoh
Hello	Cześć	chesh'ch
Good morning	Dzień dobry	jane / dough bry
Good evening	Dobry wieczór	dough bry / v 'yeah choor
My name is	Nazywam się	nah zy vam / sheh
What is your name?	Jak się pan nazywa (M) Jak się pani nazywa (F) Jak się nazywasz (I)	yaak / sheh / pan / nah zy va yaak / sheh / pa knee / na zy va yaak / sheh / na zy vash
Goodbye	Do widzenia / Cześć	doh / vee d'zen ya
Pleased to meet you	Miło mi pana poznać (M) Miło mi panią poznać (F)	me wo / me paa nah / poez nach me wo / me paa nyan / poez nach
See you later	Do zobaczenia	doh / zoh baa chen ya

Polish American Sports Association is Sponsoring a 5K Run  
Join us for our 10th



Polonia



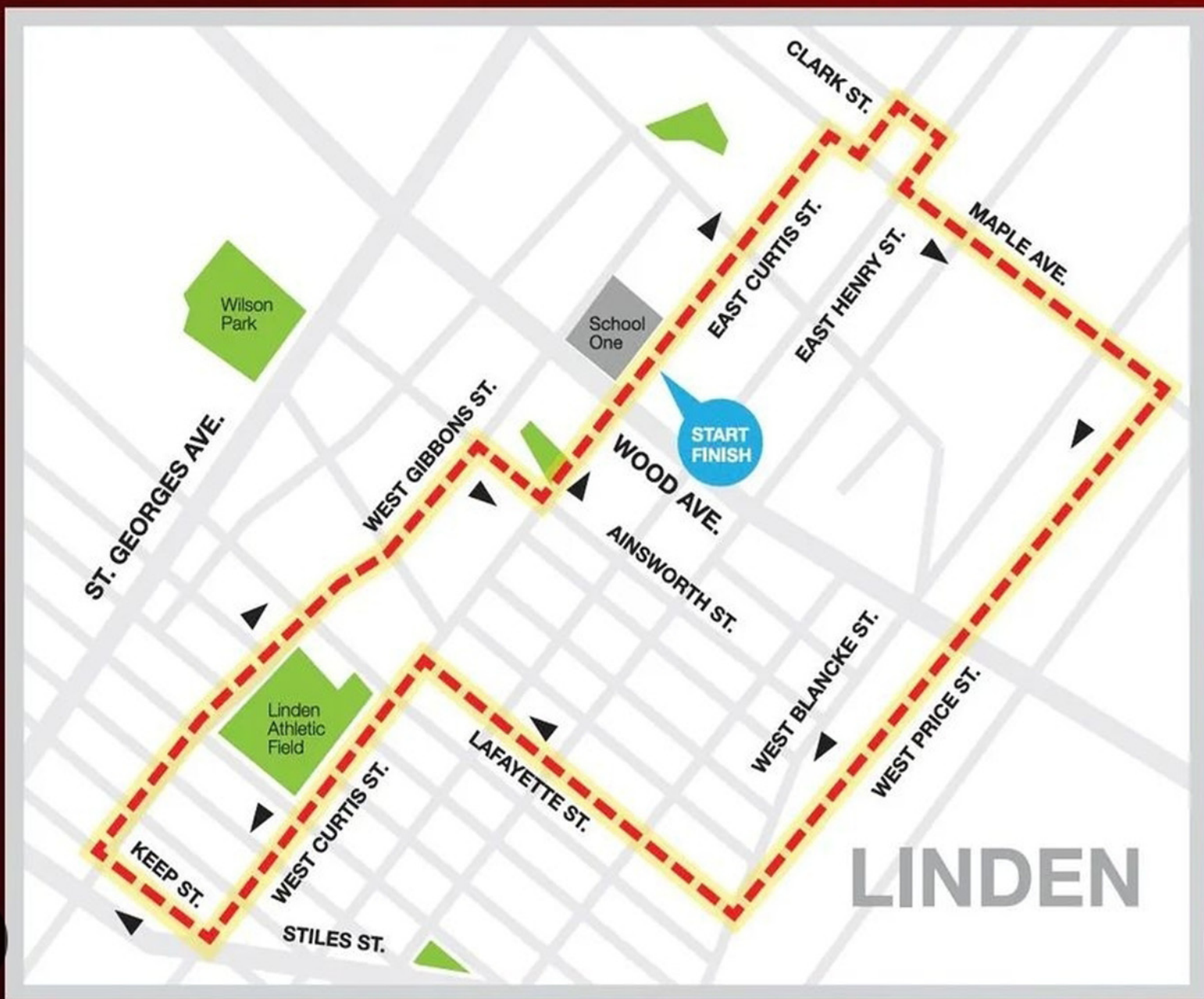
# 5K RUN

[www.Polonia5KRun.com](http://www.Polonia5KRun.com)

## SUNDAY, JUNE 9, 2024

### 10:00am Race Start

East Curtis Street, Linden, NJ (Next to School One)



### Polish Roman Catholic Union of America **PRCUA**

*A National Fraternal Benefit Society*

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**Telephone: 1-800-772-8632 • Internet: [PRCUA.org](http://PRCUA.org)**

### Polish Museum of America

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773-384-3352, ext. 104 • [PolishMuseumOfAmerica.org](http://PolishMuseumOfAmerica.org)

Founded in 1935, the Polish Museum of America is one of the country's first and largest ethnic museums. Polish and Polish American history is promoted through music, artworks, and historical and cultural displays.

Download and print archived editions of the *Polish American News*  
from the Internet at: [PolishAmericanNews.com](http://PolishAmericanNews.com)





From the Desk of  
**Michael Blichasz**  
**American Workers Advocate**

Host of Saturday Variety Program at 11 A.M.  
& American Workers Radio, Wednesdays at 11 A.M.  
860 AM Radio, WWDB • Philadelphia, PA

**I welcome you to review the information from my recent weekly commentaries and ask that you share this information with others.**

**AmericanWorkersNeedYou.com**

**Helping One Another Continues to Pay Off!**

As all of us involved with the **Buy American Made Campaign** have seen that **“Helping One Another Continues to Pay Off.”** Today tens-of-millions of Americans are directing more of their spending power on items made and assembled in the United States of America.

For a long time we saw foreign merchandisers expanding their product lines in stores throughout the United States. In the last 10 years we saw more American businesses and merchandisers working to get more American made items back in circulation in local, regional and national stores.

**Business owners tell customers that American made items are moving off store shelves at a good pace, and they have seen MORE American made items offered from their suppliers.** The bottom line is EVERY business wants to feature the products their customers are requesting so they can remain in business and make a profit so they can keep people employed.

It is very important to take a few extra minutes to look at labels and **seek out items made by American workers.** It is also important for customers to encourage store owners and workers to seek out more American made products from their suppliers. With all of us working together progress continues to be made.



Since 2012, we have been promoting **National Small Business Weekend, the FIRST Friday, Saturday and Sunday of EVERY month.** This is another opportunity for each of us to let your local businesses know you support them because they add to the well-being of

your local community. Spread the word and invite others to visit: **NationalSmallBusinessWeekend.com.**

**Positive Change in the Way Americans Think!**

The responses to the **Buy American Made Campaign** continue to grow, and reflect a **POSITIVE change** in the way Americans are thinking and acting. It is good to see more people motivated to restore jobs that will create a reasonable balance between foreign and American made products.

When we receive responses from supporters of the **Buy American Made Campaign,** they offer ideas to unite our fellow Americans and increase jobs for their family, friends and fellow Americans. People clearly see that **it is NOT the government’s role to create jobs,** but to encourage private sector businesses to create jobs that will employ the American people and in the process generate the taxes to maintain local, state and federal government services.

As we continue to unite our efforts, everyone agrees that America’s **WORKERS and CONSUMERS** are the same people and that by supporting one another all Americans benefit in the long-run. **As you are out shopping be sure to look at the all labels to see if your purchases are benefiting American workers or simply the stores selling foreign made products.**

By looking at labels, our supporters **see exactly where products are made** and see how important it is to support products made and assembled in the United States of America.

**Help us spread the word** and for more information visit our Internet sites:

- AmericanWorkersRadio.com**
- BuyAmericanMadeCampaign.com**
- NationalSmallBusinessWeekend.com**
- AmericanWorkersNeedYou.com**

**America’s Consumers Help Determine What is Sold in America!**

**America’s consumers are the people that help determine what is sold in America and at the places where we shop.** Today, cash register technology provides immediate reports to business owners of what is being sold in their business and what is not being sold.

**Use YOUR Purchasing POWER!**

If an item is being purchased, it is placed on the reorder list so it’s available for future customers. Store owners focus on reordering items that are being sold and take note of products that are not moving. **By seeking out American made items, you are helping**

**determine what will be stocked in the future at the stores where you shop.**

The **Buy American Made Campaign** urges consumers to help ensure that more American made items are circulated in our stores by letting store owners and store workers know that you are a supporter of American Made and American workers, and you **go out of your way to seek out American made products.**

**Our message is very basic and has been very effective.** It demonstrates that we are working together for the benefit of American workers and the importance of encouraging businesses to expand their operations here in America, where **more American made products are being sold.**

The new global economy has brought about a lot of competition, which is good, however, in order to **restore jobs in the United States** for American workers, **“America’s Consumers”**, need to direct more of our purchasing power to support America’s businesses that have the ability to restore the **50/50 balance between foreign and American made items.**

**American Workers Radio**

860 AM • Broadcasting in Philadelphia and the Tri-State Area

Wednesdays 11 AM to 12 Noon

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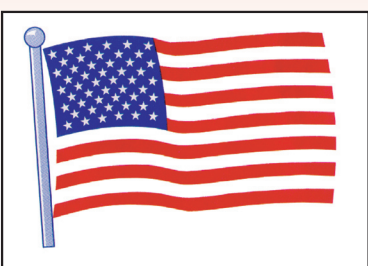
Find **“Made in America”** Products from your iPhone and access American Workers Radio.

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**Support Your Local Businesses Throughout the Year and During**

**National Small Business Weekend**

**The First Friday, Saturday and Sunday of Every Month**



**NationalSmallBusinessWeekend.com**

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Sixth Annual

# Poland through the Ages

A Living History Faire

## MEMORIAL DAY WEEKEND

Saturday, May 25 & Sunday, May 26, 2024 / 12:00 Noon-8:00PM

Location: Stout Christmas Trees - 1570 Swamp Road, Fountainville, PA 18923



### Featuring...

#### The Siege of Jasna Gora

(1655 Battle re-enactment)

#### Slavic Invasion

(10<sup>th</sup> Century Vikings)

#### Fighting Knights

(Armored Combat)

#### WWII Military Camp

10<sup>th</sup>-20<sup>th</sup> Century Re-enactors

Military & Civilian Exhibits

Period Clothing & Weapons

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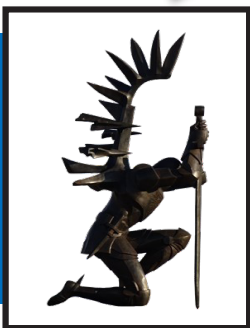
By order of the King & Queen:  
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Music playing all day!  
Traditional Folk Dancers  
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Join us in the evening  
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## Polonia Bids Farewell to Helen Chominski



Helen Chominski, age 98 of Chadds Ford, PA passed away peacefully on April 18, 2024, at Riddle Memorial Hospital.

Born and raised in Chester, PA, Helen resided for the past 3 years in Chadds Ford, PA, previously residing in Upper Chichester, PA for 45 years. Helen graduated from Chester High School. She was an active member of St. Hedwig's Catholic Church in Chester until it recently closed. She contributed time to the Sodality Society and was active in many church functions throughout the years.

Helen was a devoted wife to Al and they enjoyed 54 years together. They created a warm loving environment for all their family, friends, and neighbors. Helen's many

friends can attest to her generous nature and her compassion. Her favorite hobby was shopping, especially for her kids! She was a wonderful mother, grandmother and great-grandmother or "Baba". Her family was her world and she made all feel very loved and cared for. She truly lived a life of grace.

In addition to her parents, Charles W. and Sophie A. Petruk Fedena, Helen is preceded in death by her husband, Albin A. Chominski who passed in 2002, granddaughter, Wendy Aron who passed in 2021, three siblings, Anne Shillingford, Alice Rubercheck and Val Fedena.

She is survived by three children, Diane (Larry) Aron, Danny (Karen) Chominski and David Chominski, six grandchildren, Christopher (Liz) Aron, Becky (Mark) Mehl, Molly (Don) Mangan, Daniel (Katie) Chominski, Ryan Chominski and Nicholas Chominski, seven great-grandchildren, Logan, Rose, Summer, Aaron, Ben, Ella and Sofia.

A visitation was held on Monday, April 22nd, from 6:00-8:00pm at Pagano Funeral Home, 3711 Foulk Rd., Garnet Valley, PA. An additional visitation took place at St. Thomas the Apostle Catholic Church, 430 Valleybrook Road, Glen Mills, PA, on Tuesday from 9:45-10:45AM followed by a Mass of Christian Burial at 11:00AM. Interment, Lawn Croft Cemetery, Linwood, PA.

May she rest in peace!

### Bus Groups Welcome at the Polish American Cultural Center Museum



Philadelphia welcomes many bus groups and tour groups visiting the Historic District every day. If you are planning a group tour to Philadelphia, be sure to visit the Polish American Cultural Center Museum at 308 Walnut Street and the Kosciuszko House at 3rd and Pine Streets.

When you make your plans, call the Museum in advance so that a representative can greet your group and give them a tour.

Call the Polish American Cultural Center Museum, Monday through Friday, between 11 A.M. and 3 P.M. and let them know when your group is planning to visit. Call 215-922-1700. For more info, visit: [PolishAmericanCenter.com/busgroups.html](http://PolishAmericanCenter.com/busgroups.html)

### The Polish American Congress

Eastern Pennsylvania District invites you to support the Polish American News and our community-wide efforts

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## Kosciuszko Foundation Honors Chris Kempczinski at Their 2024 Annual Fundraising Dinner & Ball



(left) Marek Skulimowski (President and Executive Director, Kosciuszko Foundation) presents the 2024 Medal of Recognition to (right) Chris Kempczinski (Former KF Scholarship Recipient & President & CEO of McDonald's.)

On April 20, the Kosciuszko Foundation celebrated its illustrious history and the achievements of its alumni at the 2024 Annual Fundraising Dinner & Ball, setting the stage for our centennial anniversary next year. During the event, the KF honored Chris Kempczinski, President and CEO of McDonald's.

The evening was a tribute to the visionaries who have been instrumental in shaping the success of the Kosciuszko Foundation. Alex Storozynski, Chairman of the KF Board of Trustees, highlighted the rich heritage and robust strength of the Foundation. He emphasized the consistent involvement of distinguished figures from the realms of science, arts, and culture. From our visionary founder, Stephen Mizwa, to eminent supporters like Albert Einstein and Maria Skłodowska Curie, and exceptional alumni, each has played a pivotal role in shaping our journey.

Marek Skulimowski, KF President and Executive Director, took the opportunity to spotlight the exceptional achievements of numerous KF scholarship, fellowship, and grant recipients. He recognized several illustrious KF alumni, including artist Prof. Magdalena Abakanowicz, economist Prof. Leszek Balcerowicz, and Ambassador Mark Brzezinski.

He proudly introduced this year's honoree, Chris Kempczinski, President and CEO of McDonald's and a KF Tuition Scholarship recipient, who was awarded the 2024 Medal of Recognition for his outstanding contributions to the field of business and society.

Mr. Kempczinski graced the event alongside his wife, Heather. In his remarks, he reflected on education's pivotal role in his family's journey from Poland to the USA.

He also emphasized the importance of his Polish roots. "My Polish heritage starts with family. I appreciate how close Polish families are and how important family is in the Polish community. I also emphasize the hardworking nature of Polish people—Polish people are among the hardest workers in the world."

Next, he pointed out the shared values between the Polish community and McDonald's. "What I appreciate about McDonald's, and my Polish heritage, is the sense of community. At McDonald's, we think of ourselves as one of the most global companies and one of the most local companies."

In concluding his speech, Mr. Kempczinski revealed that he traveled to Poland earlier in the week and was impressed by how much Polish people help Ukrainian refugees. "When you need a strong community to lean on, the Polish people were there for the Ukrainians," he said. "And McDonald's is there for the community as well," he noted, emphasizing that McDonald's in Poland hires Ukrainian refugees and gets involved in various aid initiatives.

Before joining us at the Ball, Chris Kempczinski visited the KF headquarters at the Van Allen House in Manhattan. There, he met with KF leadership and took a guided tour of the Foundation, exploring our extensive art collection and delving into our history. Consul General of the Republic of Poland Adrian Kubicki and Consul Ewa Pietrasienska were among the Ball's other esteemed guests. The evening was hosted by KF VP and DC Center Director Barbara Bernhardt.

This year, we joyfully revived the cherished tradition of debutantes. Four young ladies were gracefully introduced to the community in a poignant ceremony and waltz.

We extend our heartfelt thanks to everyone who contributed to the success of this event. Your continued support and generosity will propel the Foundation into its next century stronger and more united than ever.

For those of you who would like to support our mission, we invite you to become a member of the Foundation or make a donation. Thank you!



The Polish American Folk Dance Group performing the Polonaise.

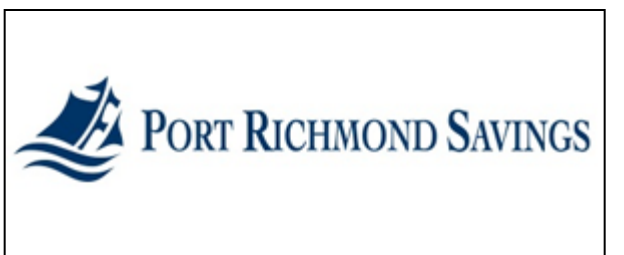


(left) Agnieszka & Marek Skulimowski (President & Executive Director, Kosciuszko Foundation) and (right) Heather & Chris Kempczinski (Former KF Scholarship Recipient & President & CEO of McDonald's.)



Dancing to the Gerard Carelli Orchestra at the 87th Annual Kosciuszko Foundation Dinner & Ball

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